

## Indoor Quad at STMA - 3/22/2019

March 22, 2019

STMA Activity Center

## Results

## Girls 55 Meter Dash

| Name          | Yr                    | School    | Finals |
|---------------|-----------------------|-----------|--------|
| <b>Finals</b> |                       |           |        |
| 1             | Carlie Heinecke       | 12 Rogers | 7.48 5 |
| 2             | Aaliyah Heine         | 10 STMA   | 7.54 3 |
| 3             | Olivia Peal           | 8 STMA    | 7.74 2 |
| 4             | Alana Walters         | 12 Rogers | 7.86 1 |
| 5             | Isabella Christensen  | 9 STMA    | 7.94   |
| 6             | Samantha Och          | 11 STMA   | x7.95  |
| 7             | Jennifer Heilman      | 7 Rogers  | 8.01   |
| 8             | Daisy Miller          | 12 STMA   | x8.09  |
| 9             | Sadie Strait          | 7 STMA    | x8.11  |
| 10            | Allison Hookom        | 9 Anoka   | 8.22   |
| 11            | Kristina Hoffman      | 12 STMA   | x8.25  |
| 11            | Abigail Northuis      | 11 Rogers | x8.25  |
| 13            | Brockberg Alexis      | 9 Rogers  | x8.30  |
| 14            | Hannah Kvant          | 8 STMA    | x8.33  |
| 14            | Malu Johnson          | 9 Anoka   | 8.33   |
| 16            | Mina Merrick-Melberg  | 11 Anoka  | 8.34   |
| 17            | Clairissa Cronky      | 10 Anoka  | x8.37  |
| 18            | Casey Fredrickson     | 9 STMA    | x8.47  |
| 19            | Mary Pelkola          | 12 Anoka  | x8.48  |
| 20            | Bailey Brendel        | 11 Anoka  | x8.54  |
| 20            | Maren Merrick-Melberg | 9 Anoka   | x8.54  |
| 22            | Alex Dehmer           | 10 STMA   | x8.56  |
| 23            | Mara Janiak           | 12 Anoka  | x8.58  |
| 24            | Rachel Kalevik        | 8 Rogers  | x8.60  |
| 25            | Jadyn Meinhardt       | 10 Anoka  | x8.64  |
| 26            | Alaina Syverson       | 10 Rogers | x8.72  |
| 26            | Joie Naber            | 8 Rogers  | x8.72  |
| 28            | Brianna Villanti      | 8 Rogers  | x8.73  |
| 29            | Alyssa Ringdahl       | 8 Rogers  | x8.75  |
| 29            | Malaya Neal           | 9 Anoka   | x8.75  |
| 31            | Savannah Vetsch       | 10 STMA   | x8.77  |
| 32            | Cathryn Weishair      | 10 Anoka  | x8.86  |
| 33            | Madeline O'Connor     | 11 Anoka  | x8.88  |
| 34            | Taylor Bloch          | 10 Anoka  | x8.92  |
| 35            | Amelia Krueger        | 10 Anoka  | x8.94  |
| 36            | Alivia Fenstra        | 8 Rogers  | x8.95  |
| 37            | Malerie Kinney        | 10 Rogers | x8.97  |
| 38            | Abigail Davis         | 9 Anoka   | x8.98  |
| 38            | Sophia Mahnke         | 7 Rogers  | x8.98  |
| 38            | Mia Schmidt           | 10 Rogers | x8.98  |
| 41            | Lucia Ahijado         | 12 STMA   | x9.05  |
| 42            | Ella Maurer           | 7 Rogers  | x9.07  |
| 43            | Ava Evenson           | 8 Rogers  | x9.20  |
| 44            | Nijah Jenkins         | 9 Rogers  | x9.30  |
| 45            | Lydia Peterson        | 9 STMA    | x9.31  |
| 46            | Madelyn Olson         | 10 Anoka  | x9.36  |
| 47            | Kylee Hanson          | 9 Anoka   | x9.39  |
| 48            | Mariah Armstrong      | 12 Rogers | x9.46  |
| 49            | Grace Alexander       | 10 Anoka  | x9.53  |
| 50            | Janiya Cummings       | 9 Anoka   | x9.62  |
| 51            | Abigail Johnson       | 9 Rogers  | x9.64  |

|    |                      |           |        |
|----|----------------------|-----------|--------|
| 52 | Melina Muric         | 10 Anoka  | x9.67  |
| 53 | Kari Smelter         | 9 STMA    | x9.76  |
| 54 | Angie Golden         | 10 Rogers | x9.83  |
| 55 | Elsa Plombon         | 7 Rogers  | x9.91  |
| 56 | Cassandra Westemeier | 7 Rogers  | x10.00 |
| 57 | Ella Schulz          | 9 STMA    | x10.13 |
| 58 | Ameriyae Casburne    | 11 Anoka  | x13.31 |

## Girls 200 Meter Dash

| Name          | Yr                    | School    | Finals  |
|---------------|-----------------------|-----------|---------|
| <b>Finals</b> |                       |           |         |
| 1             | Kyra Dalluge          | 11 Rogers | 27.18 5 |
| 2             | Aaliyah Heine         | 10 STMA   | 27.57 3 |
| 3             | Carlie Heinecke       | 12 Rogers | 27.69 2 |
| 4             | Olivia Peal           | 8 STMA    | 27.99 1 |
| 5             | Katlyn Byhre          | 10 Rogers | 28.76   |
| 6             | Allison Hookom        | 9 Anoka   | 28.97   |
| 7             | Emma Duerr            | 9 STMA    | 29.00   |
| 8             | Sadie Strait          | 7 STMA    | x29.31  |
| 9             | Daisy Miller          | 12 STMA   | x29.32  |
| 10            | Raina Simat           | 7 STMA    | x29.55  |
| 11            | Mina Merrick-Melberg  | 11 Anoka  | 29.61   |
| 12            | Hannah Kvant          | 8 STMA    | x30.01  |
| 13            | Breanna Shaw          | 9 Rogers  | x30.03  |
| 14            | Kaitlyn Braun         | 10 STMA   | x30.08  |
| 15            | Joy Olowo             | 8 Rogers  | x30.84  |
| 16            | Mya Krystosek         | 9 STMA    | x31.02  |
| 17            | Abigail Northuis      | 11 Rogers | x31.14  |
| 18            | Riley Nordberg        | 10 Rogers | x31.18  |
| 19            | Maren Merrick-Melberg | 9 Anoka   | 31.32   |
| 19            | Tegan Woolsey         | 9 Rogers  | x31.32  |
| 21            | Mary Keleekai         | 9 Anoka   | x31.40  |
| 22            | Alaina Syverson       | 10 Rogers | x31.82  |
| 23            | Clairissa Cronky      | 10 Anoka  | x31.89  |
| 24            | Madelyn Olson         | 10 Anoka  | x31.93  |
| 25            | Alex Dehmer           | 10 STMA   | x32.27  |
| 26            | Alyssa Ringdahl       | 8 Rogers  | x32.31  |
| 27            | Malu Johnson          | 9 Anoka   | x32.35  |
| 28            | Hadley Dammer         | 9 Anoka   | x32.37  |
| 29            | Evelyn Lara           | 9 Anoka   | x32.40  |
| 30            | Abigail Davis         | 9 Anoka   | x32.52  |
| 31            | Abigail Johnson       | 11 Anoka  | x32.58  |
| 32            | Kassidy Kragt         | 9 Rogers  | x33.02  |
| 33            | Joie Naber            | 8 Rogers  | x33.11  |
| 34            | Jasmyne Green         | 9 Anoka   | x33.12  |
| 35            | Cathryn Weishair      | 10 Anoka  | x33.25  |
| 36            | Amelia Krueger        | 10 Anoka  | x33.61  |
| 37            | Taylor Bloch          | 10 Anoka  | x33.67  |
| 38            | Sophia Mahnke         | 7 Rogers  | x33.69  |
| 39            | Malaya Neal           | 9 Anoka   | x33.76  |
| 40            | Addeson Poppen        | 9 Anoka   | x33.83  |
| 41            | Elsa Plombon          | 7 Rogers  | x33.92  |
| 42            | Ava Zoellmer          | 9 STMA    | x34.07  |
| 43            | Ava Evenson           | 8 Rogers  | x34.44  |
| 44            | Emma Strait           | 10 STMA   | x34.59  |

## Indoor Quad at STMA - 3/22/2019

March 22, 2019

STMA Activity Center

## Results

## Finals ... (Girls 200 Meter Dash)

| Name                    | Yr | School | Finals |
|-------------------------|----|--------|--------|
| 45 McKenna Myron        | 9  | Anoka  | x34.65 |
| 46 Lucia Ahijado        | 12 | STMA   | x34.75 |
| 47 Mia Schmidt          | 10 | Rogers | x34.81 |
| 48 Khadijah Robey       | 9  | Anoka  | x34.85 |
| 49 Elizabeth Mink       | 12 | Rogers | x35.06 |
| 50 Linnea Gerdin        | 12 | Anoka  | x35.35 |
| 51 Ava Vander Lee       | 9  | Anoka  | x36.17 |
| 52 Fatima Koroma        | 9  | Anoka  | x36.28 |
| 52 Kira Dischinger      | 9  | Anoka  | x36.28 |
| 54 Madeline O'Connor    | 11 | Anoka  | x36.37 |
| 55 Cassandra Westemeier | 7  | Rogers | x36.73 |
| 56 Janiya Cummings      | 9  | Anoka  | x38.06 |
| 57 Ameriyae Casburne    | 11 | Anoka  | x56.91 |

## Girls 400 Meter Dash

| Name                        | Yr | School | Finals    |
|-----------------------------|----|--------|-----------|
| 1 Kyra Dalluge              | 11 | Rogers | 1:02.47 5 |
| 2 Paige McAloon             | 11 | STMA   | 1:02.73 3 |
| 3 Aidan Senior              | 12 | Anoka  | 1:04.49 2 |
| 4 Katlyn Byhre              | 10 | Rogers | 1:05.85 1 |
| 5 Hannah Kvant              | 8  | STMA   | 1:06.32   |
| 6 Katieanna Williams        | 10 | Anoka  | 1:06.66   |
| 7 Anna Browning             | 11 | Rogers | 1:07.71   |
| 8 Emma Strait               | 10 | STMA   | 1:08.89   |
| 9 Samantha Och              | 11 | STMA   | x1:09.09  |
| 10 Alana Walters            | 12 | Rogers | x1:09.32  |
| 11 Becca Immer              | 8  | STMA   | x1:09.38  |
| 12 Kaitlyn Braun            | 10 | STMA   | x1:09.57  |
| 13 Soleded-Francine Seibure | 9  | Anoka  | 1:09.99   |
| 14 Maddie Hanson            | 10 | STMA   | x1:11.12  |
| 15 Maria Sylvester          | 11 | STMA   | x1:11.34  |
| 16 Alicia Blesi             | 8  | Anoka  | x1:11.66  |
| 17 Sydney Aandal            | 10 | STMA   | x1:12.32  |
| 18 Kanani Abdurahman        | 9  | Anoka  | x1:12.99  |
| 19 Julie Schimetz           | 12 | Anoka  | x1:13.61  |
| 20 Clairissa Cronky         | 10 | Anoka  | x1:14.18  |
| 21 Brooklyn Stuhlsatz       | 12 | Rogers | x1:14.58  |
| 22 Madelyn Lynch            | 9  | Rogers | x1:16.85  |

## Girls 800 Meter Run

| Name                | Yr | School | Finals    |
|---------------------|----|--------|-----------|
| 1 Mia Salas         | 12 | STMA   | 2:27.71 5 |
| 2 Emma Windingland  | 8  | STMA   | 2:44.29 3 |
| 3 Ashlyn McClintock | 10 | STMA   | 2:44.65 2 |
| 4 Lydia Lamey       | 10 | STMA   | x2:44.97  |
| 5 Jessica Immer     | 10 | STMA   | x2:46.14  |
| 6 Anna Eich         | 10 | Rogers | 2:47.38 1 |
| 7 Maddie Hanson     | 10 | STMA   | x2:49.90  |
| 8 Sydney Aandal     | 10 | STMA   | x2:54.99  |
| 9 Mallory Moseman   | 9  | Anoka  | 2:57.67   |
| 10 Abby Eiyneck     | 12 | STMA   | x2:58.23  |

|                     |    |        |          |
|---------------------|----|--------|----------|
| 11 Kaylee Fenner    | 11 | Rogers | 2:59.63  |
| 12 Larissa Minshull | 10 | Anoka  | 3:04.44  |
| 13 Alysa Thieschafe | 12 | Anoka  | 3:07.35  |
| 14 Isabella Brand   | 10 | Anoka  | x3:14.73 |
| 15 Grace Fink       | 11 | Anoka  | x3:36.33 |
| 16 Julia Sanders    | 12 | Anoka  | x3:48.28 |

## Girls 1600 Meter Run

| Name                 | Yr | School | Finals    |
|----------------------|----|--------|-----------|
| 1 Anna Belair        | 11 | STMA   | 5:30.73 5 |
| 2 Ashlyn McClintock  | 10 | STMA   | 5:52.69 3 |
| 3 Emma Windingland   | 8  | STMA   | 5:55.43 2 |
| 4 Kaelyn Nelson      | 7  | Anoka  | 5:56.89 1 |
| 5 Becca Immer        | 8  | STMA   | x6:00.12  |
| 6 Anna Eich          | 10 | Rogers | 6:01.59   |
| 7 Avery O'Rourke     | 8  | STMA   | x6:06.24  |
| 8 Larissa Minshull   | 10 | Anoka  | 6:48.41   |
| 9 Ingrid Norquist    | 8  | Anoka  | 6:48.63   |
| 10 Sarah Redepinning | 8  | Anoka  | x6:49.20  |

## Girls 55 Meter Hurdles

| Name                | Yr | School | Finals  |
|---------------------|----|--------|---------|
| 1 Teirra Greene     | 12 | Anoka  | 9.25 5  |
| 2 Kristina Hoffman  | 12 | STMA   | 9.89 3  |
| 3 Daisy Miller      | 12 | STMA   | 9.97 2  |
| 4 Jenna Kalevik     | 10 | Rogers | 10.02 1 |
| 5 Mary Keleekai     | 9  | Anoka  | 10.08   |
| 6 Mary Pelkola      | 12 | Anoka  | 10.27   |
| 7 Kaitlyn Braun     | 10 | STMA   | 10.37   |
| 8 Anna Browning     | 11 | Rogers | 10.45   |
| 9 Madeline O'Connor | 11 | Anoka  | x10.67  |
| 10 Tegan Woolsey    | 9  | Rogers | 10.71   |
| 11 Emma Duerr       | 9  | STMA   | x10.78  |
| 12 Ava Boxwell      | 10 | Rogers | x11.87  |
| 13 Sydney Carlson   | 10 | STMA   | x12.01  |
| 14 Madelyn Lynch    | 9  | Rogers | x12.64  |
| 15 Natalia Figueroa | 10 | STMA   | x19.02  |

## Girls 4x200 Meter Relay

| Team     | Relay | Finals    |
|----------|-------|-----------|
| 1 STMA   | A     | 1:54.56 5 |
| 2 STMA   | B     | x2:04.27  |
| 3 Rogers | A     | 2:04.63 3 |
| 4 Anoka  | A     | 2:05.14   |
| 5 Anoka  | B     | x2:21.31  |

## Girls 4x400 Meter Relay

| Team     | Relay | Finals    |
|----------|-------|-----------|
| 1 STMA   | A     | 4:18.88 5 |
| 2 Anoka  | A     | 4:40.60 3 |
| 3 Rogers | A     | 5:00.59   |

**Indoor Quad at STMA - 3/22/2019**

**March 22, 2019**

**STMA Activity Center**

**Results**

**Finals ... (Girls 4x400 Meter Relay)**

| Team     | Relay | Finals   |
|----------|-------|----------|
| 4 Rogers | B     | x5:10.95 |
| 5 Anoka  | B     | x5:14.93 |

**Girls 4x800 Meter Relay**

| Team          | Relay | Finals     |
|---------------|-------|------------|
| <b>Finals</b> |       |            |
| 1 STMA        | A     | 10:19.03 5 |
| 2 Anoka       | A     | 11:15.98 3 |
| 3 Anoka       | B     | x11:47.42  |

**Girls High Jump**

| Name                 | Yr | School | Finals    |
|----------------------|----|--------|-----------|
| <b>Finals</b>        |    |        |           |
| 1 Katieanna Williams | 10 | Anoka  | 4-10.00 5 |
| 2 Aidan Senior       | 12 | Anoka  | 4-10.00 3 |
| 3 Hadley Dammer      | 9  | Anoka  | 4-08.00 2 |
| 4 Mya Krystosek      | 9  | STMA   | 4-06.00 1 |
| 5 Sydney Reining     | 7  | Rogers | 4-06.00   |
| 6 Teirra Greene      | 12 | Anoka  | x4-06.00  |
| 7 Emma Carlson       | 9  | Anoka  | x4-04.00  |
| 7 Jenna Kalevik      | 10 | Rogers | 4-04.00   |
| 7 Rachel Kalevik     | 8  | Rogers | 4-04.00   |
| 10 Taylor Dixon      | 11 | STMA   | 4-02.00   |
| 10 Ava Boxwell       | 10 | Rogers | x4-02.00  |
| 12 Nijah Jenkins     | 9  | Rogers | x4-00.00  |
| 12 Malerie Kinney    | 10 | Rogers | x4-00.00  |
| 12 Abigail Johnson   | 11 | Anoka  | x4-00.00  |
| --- Abigail Johnson  | 9  | Rogers | NH        |

**Girls Pole Vault**

| Name                  | Yr | School | Finals    |
|-----------------------|----|--------|-----------|
| <b>Finals</b>         |    |        |           |
| 1 Lauren Pomerleau    | 11 | STMA   | 9-01.00 5 |
| 2 Madison Sieben      | 12 | Anoka  | 8-06.00 3 |
| 3 Brooklyn Stuhlsatz  | 12 | Rogers | 8-00.00 2 |
| 4 Bailey Brendel      | 11 | Anoka  | 7-06.00 1 |
| 5 Sophia Condon       | 8  | Anoka  | x7-00.00  |
| 5 Mya Krystosek       | 9  | STMA   | 7-00.00   |
| 5 Riley Nordberg      | 10 | Rogers | 7-00.00   |
| 5 Alyssa Becker       | 12 | Anoka  | 7-00.00   |
| 9 Sophia Femrite      | 9  | STMA   | 5-06.00   |
| 9 Abigail Johnson     | 11 | Anoka  | x5-06.00  |
| 9 Mariah Armstrong    | 12 | Rogers | 5-06.00   |
| 9 Callie Martin       | 10 | STMA   | x5-06.00  |
| 9 Raina Simat         | 7  | STMA   | x5-06.00  |
| --- Lydia Peterson    | 9  | STMA   | NH        |
| --- Casey Fredrickson | 9  | STMA   | NH        |
| --- Heather Hullinsky | 11 | Rogers | NH        |

**Girls Long Jump**

| Name           | Yr | School | Finals     |
|----------------|----|--------|------------|
| <b>Finals</b>  |    |        |            |
| 1 Aidan Senior | 12 | Anoka  | 17-07.00 5 |

|                        |    |        |            |
|------------------------|----|--------|------------|
| 2 Isabella Christensen | 9  | STMA   | 15-05.00 3 |
| 3 Alana Walters        | 12 | Rogers | 14-11.00 2 |
| 4 Hadley Dammer        | 9  | Anoka  | 14-10.00 1 |
| 5 Olivia Peal          | 8  | STMA   | 14-06.00   |
| 6 Hannah Kvant         | 8  | STMA   | 13-09.00   |
| 7 Raina Simat          | 7  | STMA   | x13-08.00  |
| 8 Mary Keleekai        | 9  | Anoka  | 13-03.00   |
| 9 Brockberg Alexis     | 9  | Rogers | 13-01.00   |
| 9 Sadie Strait         | 7  | STMA   | x13-01.00  |
| 11 Abigail Northuis    | 11 | Rogers | 12-11.00   |
| 12 Jadyne Meinhardt    | 10 | Anoka  | x12-08.00  |
| 13 Maya Nibbe          | 11 | Anoka  | x12-03.00  |
| 14 McKenna Myron       | 9  | Anoka  | x11-11.00  |
| 15 Elizabeth Mink      | 12 | Rogers | x11-08.50  |
| 16 Linnea Gerdin       | 12 | Anoka  | x11-05.00  |
| 17 Annika Hein         | 11 | Anoka  | x9-08.00   |
| 18 Angie Golden        | 10 | Rogers | x8-11.00   |
| --- Hannah Wachtler    | 12 | Anoka  | ND         |
| --- Emma Carlson       | 9  | Anoka  | ND         |
| --- Elayna Lohse       | 9  | Anoka  | ND         |

**Girls Triple Jump**

| Name                    | Yr | School | Finals     |
|-------------------------|----|--------|------------|
| <b>Finals</b>           |    |        |            |
| 1 Katieanna Williams    | 10 | Anoka  | 33-11.00 5 |
| 2 Taylor Dixon          | 11 | STMA   | 32-10.00 3 |
| 3 Sophia Femrite        | 9  | STMA   | 32-09.00 2 |
| 4 Emma Duerr            | 9  | STMA   | 31-07.00 1 |
| 5 Hannah Brendel        | 11 | Anoka  | 31-01.00   |
| 6 Hannah Wachtler       | 12 | Anoka  | 30-09.00   |
| 7 Maren Merrick-Melberg | 9  | Anoka  | x30-01.00  |
| 8 Raina Simat           | 7  | STMA   | x29-00.00  |
| 9 Brockberg Alexis      | 9  | Rogers | 27-10.00   |
| 9 Maya Nibbe            | 11 | Anoka  | x27-10.00  |
| 11 Elayna Lohse         | 9  | Anoka  | x24-07.00  |
| --- McKenna Myron       | 9  | Anoka  | ND         |

**Girls Shot Put**

| Name                | Yr | School | Finals     |
|---------------------|----|--------|------------|
| <b>Finals</b>       |    |        |            |
| 1 Emily Josephson   | 11 | Anoka  | 35-04.50 5 |
| 2 Laila Lakanen     | 10 | Anoka  | 32-00.00 3 |
| 3 Marisa Ornat      | 10 | STMA   | 32-00.00 2 |
| 4 Hailey Petersen   | 10 | Anoka  | 28-06.50 1 |
| 5 Amanda Kaehler    | 12 | Rogers | 28-03.00   |
| 6 Abby Einyck       | 12 | STMA   | 27-09.50   |
| 7 Meghan Ellingson  | 12 | Rogers | 27-08.00   |
| 8 Jamie Kerkvliet   | 9  | Rogers | 27-01.00   |
| 9 Kimberly Avendano | 12 | STMA   | 25-08.00   |
| 10 Taylor Dixon     | 11 | STMA   | x25-06.00  |
| 11 Olivia Carel     | 10 | STMA   | x25-05.00  |
| 12 Mambo Nde        | 11 | STMA   | x22-04.00  |
| 13 Elizabeth Nyema  | 9  | Anoka  | x22-03.00  |
| 14 Ronelle Urey     | 9  | Anoka  | x22-02.00  |
| 15 Sydney Urbaniak  | 9  | Anoka  | x20-00.50  |

**Indoor Quad at STMA - 3/22/2019****March 22, 2019****STMA Activity Center****Results****Finals ... (Girls Shot Put)**

|    | <b>Name</b>       | <b>Yr</b> | <b>School</b> | <b>Finals</b> |
|----|-------------------|-----------|---------------|---------------|
| 16 | Kanani Abdurahman | 9         | Anoka         | x18-06.00     |
| 17 | Arly Gutierrez    | 9         | Anoka         | x17-11.50     |
| 18 | Rose Kunzman      | 9         | STMA          | x17-11.00     |
| 19 | Rosella Stewart   | 9         | STMA          | x17-01.00     |
| 20 | Ella Schulz       | 9         | STMA          | x16-07.00     |
| 21 | Kari Smelter      | 9         | STMA          | x16-03.00     |

**Men - Team Rankings - 13 Events Scored**

|    |                         |    |
|----|-------------------------|----|
| 1) | St. Michael-Albertville | 74 |
| 2) | Anoka                   | 43 |
| 3) | Rogers                  | 20 |